

# The Christian Professional: Glorifying God in Our Leisure

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[seanho.com/ccwc-play](http://seanho.com/ccwc-play) (pdf)

Your highest **joy** is  
to glorify God.

Clear your **calendar**.

**Wake up** to Christ's imminent return;  
**Rest** in His care.

1. Christian Hedonism
2. Calendar Zero
3. Active Rest

# 1. Christian Hedonism

- a. Made for His **Glory**
  - b. The Highest **Joy**
-

But now thus says the LORD,  
he who **created** you, O Jacob,  
he who **formed** you, O Israel:

“Fear not, for I have **redeemed** you;  
I have **called** you by name,  
**you are mine. . . .**

-- Isaiah 43:1 (ESV)

... Fear not, for I am with you; I will [...] Bring my **sons** from afar and my **daughters** from the end of the earth, everyone who is **called** by my **Name**, whom I **created** for my **glory**, whom I **formed** and made.”

-- Isaiah 43:5-7 (ESV)

# 1. Christian Hedonism

- a. Made for His Glory
  - b. The Highest Joy
-

Bless the Lord, O my soul,  
and forget not all his **benefits**,  
who **forgives** all your iniquity,  
who **heals** all your diseases,  
who **redeems** your life from the pit,  
who **crowns** you with steadfast love and mercy,  
who **satisfies** you with good  
so that your youth is **renewed** like the eagle's

-- Psalm 103:2-5 (ESV)



... For as high as the **heavens**  
are above the **earth**,  
so great is his steadfast **love**  
toward those who **fear** him;

as far as the **east** is from the **west**,  
so far does he **remove**  
our **transgressions** from us. ...

-- Psalm 103:11-12 (ESV)

... As a **father** shows compassion  
to his **children**,  
so the Lord shows **compassion**  
to those who **fear** him.

For he knows our **frame**;  
he remembers that we are **dust**.

-- Psalm 103:13-14 (ESV)

If we consider the **unblushing promises**  
of reward [...] promised in the Gospels,  
it would seem that our Lord finds  
our **desires** not too strong, but **too weak**.  
We are **half-hearted** creatures,  
fooling about with  
**drink** and **sex** and **ambition** ...

... when **infinite joy** is offered us,  
like an ignorant child who wants  
to go on making **mud pies** in a slum  
because he cannot imagine what is meant  
by the offer of a **holiday at sea.**

**We are far too easily pleased.”**

-- C.S. Lewis, “The Weight of Glory”

1. Christian Hedonism
2. **Calendar Zero**
3. Active Rest

## 2. Calendar Zero

- a. **Exercise** is of Some Value
  - b. **Friends** of the Heart
-

**Train** yourself for godliness:  
for while **bodily** training is of **some** value,  
**godliness** is of value in **every** way,

as it holds promise for the **present** life  
and also for the **life to come**. . . .

-- 1 Timothy 4:7b-8 (ESV)

... For to this end we **toil** and strive:

because we have our **hope** set  
on the living God,  
who is the **Savior** of all people,  
especially of those who **believe**.

-- 1 Timothy 4:10 (ESV)



Do you not know that in a race  
**all** the runners **run**,  
but only **one** receives the **prize**?  
So **run** that you may obtain it.  
Every athlete exercises  
**self-control** in all things.  
They do it to receive a **perishable** wreath,  
but we an **imperishable**. . . .

-- 1 Corinthians 9:24-25 (ESV)

... So I do not run **aimlessly**;  
I do not box as one beating the **air**.

But I **discipline** my body  
and keep it under **control**,  
lest after preaching to **others**  
I **myself** should be disqualified.

-- 1 Corinthians 9:26-27 (ESV)

## 2. Calendar Zero

- a. Exercise is of Some Value
  - b. Friends of the Heart
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[Pray] at the same time for us as well,  
that God will open up to us  
a **door** for the word,  
so that we may **speak forth**  
the **mystery of Christ**,  
for which I have also been imprisoned;  
that I may make it **clear**  
in the way I ought to **speak**. . . .

-- Colossians 4:3-4 (NASB)

... **Conduct** yourselves  
with **wisdom** toward outsiders,  
making the most of the **opportunity**.  
Let your **speech** always be with **grace**,  
as though **seasoned** with salt,  
so that you will know  
how you should **respond** to each person.

-- Colossians 4:5-6 (NASB)

- 1. Christian Hedonism**
- 2. Calendar Zero**
- 3. Active Rest**

# 3. Active Rest

- a. **Awake**, for the Night is Coming
  - b. **Rest**, for the Sabbath is Coming
-

For you are all **sons of light** and sons of day.

We are not of **night** nor of darkness;  
so then let us not **sleep** as others do,  
but let us be **alert** and **sober**.

-- 1 Thessalonians 5:5-6 (NASB)



# 3. Active Rest

- a. Awake, for the Night is Coming
- b. Rest, for the Sabbath is Coming



So then, there remains  
a **Sabbath rest** for the people of God,  
for whoever has entered **God's rest**  
has also rested from his **works**  
as **God** did from his.  
Let us therefore **strive to enter** that rest,  
so that no one may **fall**  
by the same sort of **disobedience.**

-- Hebrews 4:9-11 (ESV)

For **God alone** my soul **waits** in silence;  
from him comes my **salvation**.

**He alone** is my **rock** and my **salvation**,  
my **fortress**;  
I shall not be greatly **shaken**.

-- Psalm 62:1-2 (ESV)

Your highest **joy** is  
to glorify God.

Clear your **calendar**.

**Wake up** to Christ's imminent return;  
**Rest** in His care.

Come to me,  
all who **labor** and are **heavy** laden,  
and I will give you **rest**.  
Take my **yoke** upon you, and **learn** from me,  
for I am **gentle** and **lowly** in heart,  
and you will find **rest for your souls**.  
For my yoke is **easy**, and my burden is **light**.

-- Matthew 11:28-30 (ESV)